“The Master of Nutrition Science and Policy degree program blends the best of online learning with a unique on-campus experience, allowing students to continue living where they choose while earning a degree from one of the most acclaimed nutrition programs in the world.”

— Lynne Ausman, D.Sc., R.D. 
Program Director, MNSP Program; 
Saqr Bin Mohammed Al Qasimi Professor in International Nutrition
A Unique Degree

The Master of Nutrition Science and Policy (MNSP) “blended learning” degree program spans the biological aspects of nutrition, the design and impact of nutrition programs, and applied analytical methods used to solve nutrition and lifestyle related problems and challenges. Following the closely-held Friedman School tenet that nutrition affects whole populations and regions, the program also extends into domestic and global policy areas that affect both nutrition and food security.

The program is unique in that it focuses on both nutrition science and policy and is the only US-based nutrition program taught in a combination of online and on campus learning, making it possible to earn a Tufts University degree while living and working anywhere in the world. Full-time students can complete the program in as few as 16 months, but are able to extend their studies if they choose to take fewer courses each semester.

Blended Learning: On Campus and Online

The Master of Nutrition Science and Policy degree is taught through a combination of a online learning and intensive residencies on the Boston/Medford campus. This format gives students the opportunity to earn a masters degree from Tufts University with minimal interruption to existing career or family obligations.

Every semester for approximately one week, students and Tufts faculty meet in Boston for an intensive residency period of course work and study. Residencies give students the opportunity to meet fellow students and faculty face-to-face and to become fully immersed in the experience of attending one of the nation’s premier research universities. Students also experience essential hands-on learning that cannot be taught in a fully-online environment. The remainder of the semester is facilitated online by Tufts faculty utilizing innovative technologies and instructional methods.

A Message from the Dean

Students entering the Friedman School come from remarkably diverse backgrounds and leave us to pursue careers in education, the food industry, public relations, the government, healthcare, and US and international non-governmental agencies. The common thread to their divergent paths is a desire – and ability – to make meaningful differences in the health of individuals, communities and nations.

Nutrition is a critically important field and the Friedman School is committed to the education and training of future leaders who can create new knowledge, and apply and disseminate evidence-based information. Our Masters of Nutrition Science and Policy degree program offers a unique solution to meeting the needs of persons who seek exceptional learning experiences without disrupting their work/life balance.

Please take a moment to review our program, all taught by the Friedman School’s internationally distinguished faculty, and choose Tufts to help you meet your career and educational goals.

Robin Kanarek, Ph.D.
Interim Dean, Friedman School of Nutrition Science and Policy
One Degree - Multiple Career Paths

Graduates of the MNSP degree program emerge with a unique understanding of nutrition science and policy, and the ability to apply their knowledge toward solving nutrition and lifestyle-related challenges. Friedman School graduates are recognized as being exceptional candidates for key nutrition positions and currently are working in a wide variety of related fields.

By selecting elective courses that are aligned with individual career goals, the MNSP degree may be tailored to give graduates expertise in a variety of careers.

Curriculum

Students will complete ten credits of coursework consisting of seven core courses, two electives and a one-credit research or project-based thesis. (Note: one-credit courses at Tufts are equal to four credits in other institutions.)

The MNSP degree program shares the same faculty and curriculum as Friedman’s Boston-based programs and prepares students interested in a doctoral degree to apply for the Tufts University Friedman School of Nutrition Science and Policy Ph.D. program.

Selected Courses

» NUTB 238: US Food and Nutrition Policy (1 credit)
» NUTB 204: Epidemiology for Health Professionals (1 credit)
» NUTB 241: Nutrition and Aging (½ credit)
» NUTB 242: Obesity and Energy Regulation (½ credit)
» NUTB 227: Global Nutrition Programs (1 credit)
» NUTB 243: Nutrition, Brain, and Behavior (½ credit)

For a full course listing, visit http://nutrition.tufts.edu/mnsp.

About The Friedman School at Tufts University

The Friedman School at Tufts University is the only independent graduate school of nutrition in North America, and offers the only masters degree available in the blended format of “online + on campus”. The school is recognized for leadership in research and teaching. The National Academies recently ranked the Friedman School at the top of 44 US graduate schools for excellence in our doctoral programs.

Friedman School graduates are highly sought-after in leadership roles in government, NGOs, the food industry, clinical settings, and wherever knowledge in nutrition science and policy are valued in making meaningful differences in the lives of individuals and communities.
Admissions

Apply early - Admission to the MNSP degree program is on a rolling basis. Applicants can expect to hear back from the admissions committee with a decision within a month of submitting a completed application. The deadline for submitting an application is May 15, 2013 for fall enrollment.

Visit http://nutrition.tufts.edu/mmsp to apply online.

Tuition & Financial Aid

Tuition is based on the Friedman School’s per-course rate and charged per semester based on individual course load. A 1 credit course is $3,858 and a ½ credit course is $1,929. The MNSP degree program meets all requirements for federal financial aid.

For more information, contact the Admissions Office at nutritionadmissions@tufts.edu.

Contact MNSP faculty or staff

Students interested in the MNSP degree program are encouraged to contact staff and faculty at the school for support in applying, considering electives, determining appropriate course load and making Tufts an affordable option for earning your masters degree.

Lynne Ausman, D.Sc., R.D., Program Director
617.636.3712 | lynne.ausman@tufts.edu

Elizabeth Marino-Costello, M.S., R.D., FADA, Program Manager
617.636.3774 | elizabeth.marino_costello@tufts.edu

Friedman School Office of Admissions
617.636.3777 | nutritionadmissions@tufts.edu